# WELCOME Maryland Maternal Health Task Force

--April 30, 2020 Webinar--





# Ms. Colleen Wilburn

Title V Director Chair, Maryland Maternal Health Task Force

Maryland Department of Health



#### **Maryland Maternal Health Task Force**

Webinar 2 – Thursday, April 30th, 2020 (1:00 - 2:00pm EST)

Agenda

#### 1:00 <u>Welcome Remarks</u>

Ms. Colleen Wilburn Chair, Maryland Maternal Health Task Force & Title V Program Manager, Maryland Department of Health

Delegate Joseline Pena-Melnik Member, Maryland House of Delegates

#### 1:05 Maryland Maternal Health Task Force Workgroup Reports

Process to Elicit and Compile Workgroup Feedback & Quality Improvement Workgroup Report Dr. Jennifer Callaghan-Koru, Assistant Professor, University of Maryland, Baltimore County

Training Workgroup Report Dr. Kelly Bower, Assistant Professor, Johns Hopkins School of Nursing

Data Workgroup Report Ms. Amy Hobbs, Research Associate, Johns Hopkins Bloomberg School of Public Health

Telemedicine Workgroup Report Dr. Andreea Creanga, Associate Professor, Johns Hopkins Bloomberg School of Public Health

Policy Workgroup Report Dr. Nicole Warren, Associate Professor, Johns Hopkins School of Nursing

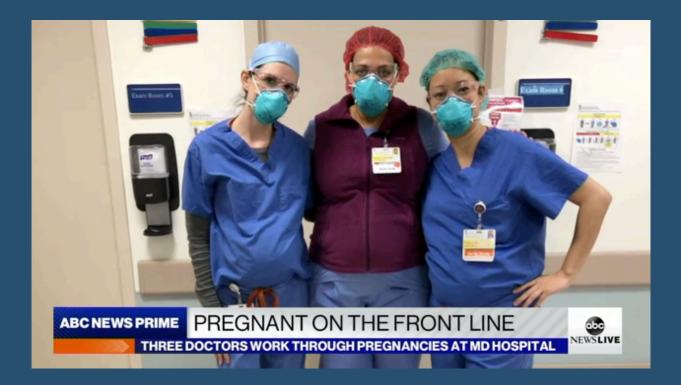
*Covid-19 Ad-hoc Workgroup* Ms. Briana Kramer, Nurse Researcher, Johns Hopkins Bloomberg School of Public Health

#### 1:40 Questions & Answers

1:55 Process to Develop Maternal Health Strategic Plan

Ms. Courtney McFadden Deputy Director, Prevention and Health Promotion Administration, Maryland Department of Health

2:00 <u>Adjourn</u>



# Thank you, frontline providers!

# **BLACK MATERNAL**

# HEALTH WEEK 2020



## Ms. Joseline Peña-Melnyk

## Maryland House Delegates District 21

Process to Elicit & Compile Workgroup Feedback

# Task Force Workgroups



GROUP	CURRENT FOCUS
1. Quality Improvement	Hospital-based implementation of safety protocols Maternal warning signs education for home visiting
2. Training Innovation	Implicit bias, SMM recognition and management, and QI skills training for physicians and nurses
3. Data	SMM surveillance & MDMOM Maternal Data Center
4. Telemedicine	Perinatal telemedicine program
5. Policy	State-based workforce and Medicaid policies
6. Covid-19	Support for pregnant women & providers

# Workgroup Input Process

WORKGROUP TIMELINE

**3/31:** Received group assignment, discussion questions, and instructions from workgroup leader

Between Task Force webinars, workgroup members provided feedback by email and/or small group calls

4/20: Last day for written feedback

**4/30:** Workgroup feedback summarized at 2<sup>nd</sup> Task Force webinar

# Workgroup Rapporteurs

*Quality Improvement Workgroup* **Dr. Jennifer Callaghan-Koru**, Assistant Professor, University of Maryland, Baltimore County

*Training Workgroup* **Dr. Kelly Bower**, Assistant Professor, Johns Hopkins School of Nursing

*Data Workgroup* **Ms. Amy Hobbs**, Research Associate, Johns Hopkins Bloomberg School of Public Health

*Telemedicine Workgroup* **Dr. Andreea Creanga**, Associate Professor, Johns Hopkins Bloomberg School of Public Health

Policy Workgroup Dr. Nicole Warren, Associate Professor, Johns Hopkins School of Nursing

*Covid-19 Ad-hoc Workgroup* **Ms. Briana Kramer**, Nurse Researcher, Johns Hopkins Bloomberg School of Public Health Quality Improvement Workgroup Report

# QI Workgroup - Background

- Quality improvement initiatives help speed the translation of research evidence and best practices into routine maternal health care and services
- National QI initiatives for maternal health:
  - Council on Patient Safety in Women's Healthcare & Alliance for Innovation in Maternal Healthcare
- State QI initiatives for maternal health:
  - Maryland perinatal quality improvement collaborative (PQC)
  - MDMOM program QI activities



# **QI Workgroup - Composition**

Lauren Arrington, CNM Certified Nurse Midwife, St. Joseph's Hospital

Ann Burke, MD Vice President of Medical Affairs, Holy Cross Hospital

Jennifer Callaghan-Koru, PhD MHS Assistant Professor, University of Maryland Baltimore County

**Elizabeth Chung, MPH** Executive Director, Asian-American Center for Frederick

**Bonnie DiPietro, MS NEA-BC** Director of Operations, Maryland Patient Safety Center

Maisha Douyon Cover, MPH Director, Maryland Department of Health - Maternal and Child Health Bureau -Office of Quality Initiatives

Jenifer Fahey, CNM MPH Assistant Professor, University of Maryland Medical Center - Obstetrics, Gynecology and Reproductive Sciences

**Annelise Iversen, MSPH** Program Coordinator, University of Maryland Baltimore County

Alyson Jacobson, MSW Director, Home Visiting Services - Prince George's Child Resource Center

Aliya Jones, MD MBA Deputy Secretary, Maryland Department of Health – Behavioral Health Administration Sandy Kick, MSPH

Senior Manager, Maryland Department of Health – Office of Innovation, Research and Development - Health Care Financing

**Traci La Valle, MPH** Senior Vice President, Maryland Hospital Association – Quality & Health Improvement

**Tanay Lynn Harris, BA** Co-founder, The Bloom Collective

**Dillon McManus, LMSW** Coordinator of Special Projects, Maryland Department of Health – MIECHV Program

Lorraine Milio, MD Assistant Professor, Johns Hopkins University

**Tennile Ramsay, MS** Nursing Program Consultant - Patient Safety, Maryland Office of Health Care Quality

**Colleen Wilburn, MPA** Program Manager, Maryland Department of Health - Title V Program

**Becky Wimmer** Executive Director, Maryland Academy of Family Physicians

Andrea Zumbrum, MPA Chief - Quality & Reporting, Maryland Department of Health - Health Services Cost Review Commission Q1. What quality improvement skills training will most benefit labor & delivery implementation teams and how can this best be delivered?

# Feedback: QI Skills Training

- Priority QI skills training topics:
  - Analytical skills
  - Project management skills & templates
  - Self assessments & simulations
- Engage partners in QI initiatives
- Align QI training with initiatives to reduce disparities



Q2. What other statewide resources for quality improvement in maternal healthcare would you recommend that MDMOM program consider promoting or developing?

# Feedback: QI Resources

- Promote resources in high-priority topics
  - Substance use, neighborhood effects on health
- Identify and promote regional best practices
- Identify resources from ongoing initiatives



Q3. What resources are available for maternal education on warning signs of postpartum complications and how would you rate their quality?

# Feedback: Postpartum Education

- Review content and quality of resources mentioned by members
  - Nine different resources recommended by group
- Consider the health literacy level and applicability for different populations
  - Developmentally-delayed parents, different languages
  - Use of visual aids
- Incorporate locally-targeted information
- Integrate additional topics in postpartum education
  - Substance use disorder treatment, psychiatric care, diabetic care, cardiovascular



Q4. How might home visiting programs coordinate with healthcare providers when their clients experience or have questions about signs of postpartum complications?

# Feedback: HV coordination with providers

- Establish a direct line for home visitors (HVs) to health care providers
- Contact providers when HVs make a referral
- Consider telemedicine during home visits
- Review new local innovations in HV data systems
- Improve referral systems to mental health services and to substance use disorder treatment



# **Summary Recommendations**

#### **State Strategic Plan:**

- Leverage synergies between various partners in QI and disparities work
- Identify and promote locally successful models
- Strengthen links between community-based services and healthcare providers
- Address needs for services in priority areas (e.g., SUD, mental health, chronic conditions) in the prenatal and postpartum period

#### **MDMOM Program:**

- Provide trainings on identified QI skills topics
- Home visiting intervention: Develop and test locally-adapted materials to meet postpartum education needs



Training Innovation Workgroup Report

# **Training Innovation Workgroup - Background**

#### MDMOM Training Activities:

- Continuing education trainings for maternity care providers to address:
  - Recognition & management of SMM
  - Substance use stigma
  - Implicit bias
- QI implementation skills training for hospital QI leaders
- Maternal Health Equity Toolkit for hospital QI leaders

#### Workgroup Feedback will be used to:

- Identify critical content and modes of delivery for provider and QI trainings.
- Identify best practice for design, implementation, and coordination of trainings to maximize participation and minimize barriers and burden.



## **Training Innovation Workgroup - Composition**

**Robert Atlas** 

Chair Department of Obstetrics and Gynecology, **Mercy Medical Center** 

**Keena Carter** 

Director of Nursing, Charles County Department of Chief, Maryland Health Care Commission, Health

**Dianne Fenny** 

Associate Director, Maryland Department of Health, Patient Safety Officer, Johns Hopkins University Health Services Cost Review Commission

**Melissa Fleming** President, Maryland Affiliate of the American **College of Nurse Midwives** 

**Clark Johnson** Clerkship Site Director, Anne Arundel Medical Center, Obstetrics and Gynecology

**Patricia Liggins** Doula, Birth Supporters United **Gene Ransom** Chief Executive Director, Maryland State Medical Society (MedChi)

**Megan Renfrew Government Affairs & Special Projects** 

**Catherine Downey Torre Halscott** 

Assistant Professor, Johns Hopkins University

Nia Leak Assistant Professor, Johns Hopkins University Q1. Are the proposed trainings and modes of delivery meeting the needs of maternity care providers in Maryland? Are there critical training areas that should be addressed or critical content to include in the proposed trainings?

# Feedback: Additional Training Topics

- Best practice for recognition and management of:
  - Postpartum hemorrhage
  - Preeclampsia
  - Infection
- Best practice for support of normal physiologic birth and role of doulas
- Teamwork and communication
- Completion of Pregnancy Risk Assessment (PRA)



Q2. What potential barriers could there be for implementing the proposed trainings? What steps can we take to avoid them?

Q3. How can implicit bias trainings be designed to effectively address disparities in maternal health and ensure high hospital and provider participation?

# Feedback: Barriers to Implementing Trainings

- Hospital and provider buy-in and engagement
- Provider availability, time, and amenability
- Hospital understanding of benefits of participation
- Provider belief that they don't have biases that impact care



# Feedback: Buy-In & Incentives

- Need for leadership buy-in, understanding of benefits of participation, and an organizational culture that values bias training
- Provide CME credits
- Trainings will need to be mandatory (e.g. state board, hospital, mandatory department meetings) and built into yearly competency
- Provide incentives/rewards for provider & hospital participation



# Feedback: Use Engaging Strategies

## **All Trainings**

- Use online *interactive* formats with opportunities for inperson follow-up
- Efforts need to be sustained and engage providers through recurring trainings



# Feedback: Use Engaging Strategies

## **Implicit Bias Trainings**

- Use evidence
  - state and hospital-level data to describe disparities and needs
  - how implicit bias impacts care and contributes to disparities
- Use a pre-training self-assessment of implicit biases
- Use strategies that are personal and emotional in nature
  - video testimonials from patients and providers about how implicit bias impacts care
  - examples of bias that occurs within *their* hospital to dispel idea that bias exists at other institutions but not their institution
- Opportunities for reflection and interactive practice of techniques to avoid stereotypes



Q4. How can MDMOM best coordinate across various hospital-based initiatives, including the proposed trainings and QI initiatives through statewide collaboratives? What support can the Task Force provide to hospitals? (QI Group & Training Group)

# Feedback: Integration and Support

- Link to and integrate into institution's existing training programs and initiatives to address disparities
- Utilize existing training avenues (e.g., grand rounds)
- Provide information, tools, and consultation to support hospital implementation
- Provide clear steps. Provide a plan with obvious targets
- Create forums for reporting progress & accountability



# **Summary Recommendations**

- Hospital Collaboration
  - Identify opportunities to integrate trainings into existing initiatives and feasibility of mandating trainings
  - Provide clear evidence of the need for and benefits of trainings
- Training Formats
  - Use hybrid (online with in-person facilitation), highly interactive, and personalized formats for trainings
  - Provide hospitals clear guidance and support for implementation
- Training Incentives
  - Provide CEUs and other incentives for hospitals and providers draw on specific suggestions from the data workgroup
- Training Topics
  - Consider additional topics



Data Workgroup Report

## Data Workgroup - Background

- In Maryland, there is currently no:
  - Centralized and easy to access source for all relevant maternal health data
  - Severe Maternal Morbidity (SMM) surveillance and review process
- Improve access, availability and utilization of statewide maternal health data through:
  - Data integration and development of a data dashboard
  - Establishing a statewide severe maternal morbidity (SMM) surveillance and review process



### Data Workgroup - Composition

Saifuddin Ahmed, MBBS, PhD Professor, Johns Hopkins University

**Dianne Feeney, MS** Associate Director, Quality Initiatives, Maryland Department of Health - Health Services Cost Review Commission

**Nora Hoban, MPA** Senior Vice President, Maryland Hospital Association

**Amy Hobbs, RN, MSc (Workgroup Co-Lead)** Research Associate, Johns Hopkins University

Lee Hurt, DrPH, MS Director, Maryland Department of Health - Vital Statistics Administration

**Oscar Ibarra, MS** Chief - Information Management & Program Administration, Maryland Department of Health -Health Services Cost Review Commission

**Desirée Israel, MSW, LCSW-C** Founder, MotherlandCo., LLC

**Güneş Koru, PhD, FAMIA (Workgroup Co-Lead)** Professor, University of Maryland Baltimore County **Russell Moy, MD** Health Officer, Harford County Health Department

**Donna Neale, MD** Assistant Professor, Johns Hopkins University

**Destiny-Simone Ramjohn, PhD** Vice President, Community Health & Social Impact, CareFirst BlueCross BlueShield

Holly Schuh, PhD Assistant Scientist, Johns Hopkins University

**Kristin Silcox, MS** Epidemiology Program Manager, Maryland Department of Health - Maternal Child Health Bureau

Maxine Reed-Vance, RN, PhD, MS Deputy Director, Baltimore Healthy Start - Quality Assurance and Clinical Affairs

**Claudine Williams, MA** Associate Director - Clinical Data Administration, Maryland Department of Health - Health Services Cost Review Commission Q1. How should additional hospitals be involved in the SMM surveillance and review process, after the completion of the pilot phase?

# Feedback: SMM Hospital Selection

- After the pilot evaluation, use a risk assessment for each hospital to guide the decision as to which additional hospitals to involve
  - Focus on involving hospitals that have recently had the greatest number of pregnancy-associated deaths or burden of maternal morbidity or mortality
  - Inclusions of hospitals based on level of care, birth volume, rural/urban sites, community and teaching hospitals, and hospitals that provide care to vulnerable populations
- Survey birthing hospitals to ascertain interest and voluntary participation



Q2. What process should be used to establish a statewide SMM review committee? Who should be members of the SMM review committee?

## Feedback: SMM Review Committee

- Include the SMM review committee as part of the current MMR Committee structure and process (e.g., as a sub-committee)
- Specify expertise required and circulate a request for expression of interest for membership to:
  - Health departments, birthing hospitals, community and professional organizations, advocacy groups, and other stakeholder groups
  - Review applications to assess interest, availability, and select members based on qualifications and experience
- Diversity in membership geography (i.e. counties, rural/urban), hospital delivery volume and level of care, teaching and community hospitals, and various racial/ethnic backgrounds and professions
  - Health care providers, data and analytics, leaders and hospital administrators, patient advocates, researchers with specialized expertise (e.g., preconception health, mental health and substance use, intimate partner violence, and chronic diseases)



Q3. What data sources are available for monitoring improvements in maternal health care quality and outcomes? What data linkages can be made? (QI Group & Data Workgroup)

# Feedback: Data Sources

- Data Sources:
  - Regulatory reporting (e.g., Joint Commission, MIEMSS)
  - Administrative and claims data (e.g., HSCRC, CMS)
  - Vital Statistics Data
  - Surveillance systems & surveys (Behavioral Health, PRAMS)
  - Patient satisfaction measures
- Explore opportunities to link available data sources and disaggregate data by race, ethnicity, language to monitor disparities



### Q4. What maternal health indicators should be prioritized for inclusion on the data dashboard?

# Feedback: Indicator Prioritization

- Individual and community-level measures of socio-economic status (e.g., income, education, neighborhood deprivation indices)
- Preconception health and pre-existing conditions (e.g., obesity, hypertension, diabetes, cardiovascular disease, mental health, substance use, intimate partner / gender-based violence)
- SMM by diagnosis and procedure groups and level of preventability
- **Risk adjustment of indicators** at hospital-level (e.g., low risk cesarean section rates)
- Leverage **quality measures** that are linked with existing population health goals and models in Maryland



Q5. How should hospitals be recognized for participation in state-wide maternal health program activities and improvements in maternal health indicators over time?

# Feedback: Hospital Incentives

- Give kudos and recognition in the form of banners or announcements
- Public reporting of risk adjusted performance measures and hospital score cards to encourage healthy competition
  - Ensuring established environment where there is collaboration and trust
- HSCRC interested in methodologies that include financial incentives for improved performance on quality measures
- Offer advanced access to data regarding performance in exchange for voluntary participation in program activities
- Adding additional staffing or providing capacity building activities to birthing hospitals for the purpose of quality assurance or data analysis at the hospital level



# **Summary Recommendations**

- Severe Maternal Morbidity (SMM) surveillance and review process
  - Include review committee as part of the Maternal Mortality Review Committee with a multi-disciplinary, geographically and ethnic/racially diverse group of stakeholders, clinicians, and community members, including the patient voice
- Maternal health indicators and data sources
  - Explore linkage of data sources (e.g., Vital Statistics, HSCRC, PRAMS, and others) to compressively report on a broad range of maternal indicators from preconception to postpartum health, stratified by sociodemographic characteristics, preexisting conditions and risk factors
- Incentives for participation and improvement in performance measures
  - Ensure establishment of an environment of trust and collaboration
  - Offer public recognition, financial, or data-related incentives at the hospital-level



### Telemedicine Workgroup Report

# **Telemedicine Workgroup - Background**

- In Maryland
  - 6 Level-I and 11 Level-II birthing hospitals
  - JHU-led Perinatal Outreach Program provides 6+ in-person MFM physician visits each month to some of these hospitals
- Telehealth/telemedicine for perinatal health services has been shown to be feasible and acceptable
- Covid-19 pandemic led to high reliance on and use of telehealth and telemedicine in the state



### **Telemedicine Workgroup - Composition**

Linda Alexander, MD MPP FACOG Medical Director, Maryland Department of Health

Karin Blakemore, MD Professor, Johns Hopkins University

Sherrie Burkholder, MSN MHA RNC- OB C-EFM Manager, Quality/Informatics- Adventist Healthcare

Katie Cabrera, MSN RNC-OB C-EFM Clinical Nurse Specialist, Peninsula Regional Medical Center

Andreea Creanga, MD PhD Associate Professor, Johns Hopkins School of Public Health

Katherine Goetzinger, MD Assistant Professor, University of Maryland Medical Center

**Maria Grant, JD** Vice President, Public Policy - CareFirst BlueCross BlueShield

**Ernest Graham, MD** Assistant Professor, Johns Hopkins University

Laura Herrera Scott, MD MPH Medical Director, State Insurer Amerigroup Ben Kogutt, MD Research & Clinical Fellow, Johns Hopkins University

**Cathleen Lawson, MS** Genetic Counselor, Johns Hopkins University

Jamie Murphy, MD Assistant Professor, Johns Hopkins University

Habibat Oguntade, MSPH Research Associate, Johns Hopkins School of Public Health

Michelle Ogunwole, MD Research & Clinical Fellow, Johns Hopkins University

Garima Sharma, MBBS Assistant Professor, Johns Hopkins University

Jeanne Sheffield, MD Professor, Johns Hopkins University

Michael Udwin, MD, FACOG Medical Director, Practice & Payment Transformation -CareFirst BlueCross BlueShield

Lee Woods MD, PhD Former Medical Director, Maryland Department of Health Q1. What birthing hospitals in Maryland would benefit most from telemedicine for expert MFM consultation, genetic counseling and/or other services for pregnant and postpartum women?

### Feedback: Need for Telemedicine

Hospital Name	County	Maternity Level of Care	Live Births (2017)	Consults through Perinatal Outreach Program (2019)
Calvert Health Medical Center	Calvert	1	648	Yes
Garrett Regional Medical Center	Garrett	1	289	Yes
MedStar St. Mary's Hospital*	St. Mary's	1	1,188	Yes
Union Hospital of Cecil County*	Cecil	1	577	Yes
University of Maryland Charles Regional Medical Center	Charles	1	874	Yes
University of Maryland Shore Health at Easton*	Talbot	1	753	Yes
Adventist Healthcare White Oak Medical Center*	Montgomery	II	1,201	No
Carroll Hospital Center*	Carroll	II	1,037	No
Holy Cross Germantown Hospital	Montgomery	II	855	No
MedStar Harbor Hospital*	Baltimore City	II	1,279	No
MedStar Montgomery Medical Center	Montgomery	II	524	No
MedStar Southern Maryland Hospital Center*	Prince George's	II	1,212	Yes
Meritus Medical Center	Washington	II	1,757	Yes
Peninsula Regional Medical Center	Wicomico	II	1,873	Yes
University of Maryland Baltimore Washington Medical Center	Anne Arundel	II	972	No
University of Maryland Upper Chesapeake Medical Center*	Harford	II	1,312	No
Western Maryland Regional Medical Center*	Allegany	II	915	Yes

### \*Denotes hospitals specifically mentioned by 1+ workgroup members.

Q2. What concerns or barriers might hospitals have for adopting telemedicine for perinatal services, and how can a pilot program help address these concerns and barriers?

# Feedback: Barriers to Telemedicine

### • Reimbursement

- Limited experience with coding, billing, and reimbursement
- No sustainable funding resource for providers identified

### Technical capabilities

- Patients, providers and staff may not be familiar with the equipment and other technical resources for telemedicine
- Hospitals may not have the technical resources or compatible platforms and infrastructure needed to coordinate telemedicine services (e.g. different EMR platforms)

### • Staffing

- Need for providers and clinic coordinator to support activities
- Patient involvement
  - Patient engagement & adherence
  - Potential language barriers



Q3. Are there telemedicine models that can be used to inform the design of a pilot perinatal telemedicine program in Maryland?

# Feedback: Existing Telemedicine Models

- ANGELS -- statewide telemedicine program in Arkansas
- Johns Hopkins & University of Maryland Telemedicine Programs – MFM and obstetrics anesthesia
- Babyscripts -- app based platform integrated into EMR/Epic with remote monitoring, case management text reminders, special modules for various conditions
- Maven Clinic -- women's health medicine private pay platform
- Penn Medicine Heart Safe Motherhood -- postpartum blood pressure text-based program

Q4. What will be key challenges for developing a larger perinatal telemedicine program and how can we overcome these challenges?

# Feedback: Challenges for Statewide Program

- Telemedicine cannot replace bedside care during pregnancy
- Limitations with patient engagement for telemedicine
- Technical capabilities
  - Need for reliable internet connection
  - Use of different EMR systems will create difficulties with documentation
- Need for sustainable funding mechanism
  - will reimbursement procedures allowed under COVID-19 continue?
- Human resources
  - selection of providers for consultation services
  - shortage of some types of providers (e.g. genetic counselors)



# **Summary Recommendations**

- Conduct needs assessment
- Ensure access to equipment & IT services to support telemedicine
- Establish protocols & documentation processes between hospitals outside of UMD and JHU systems during pilot phase
- Coordinate staff and provider telemedicine trainings
- Coordinate hiring new or use of existing clinic coordinators to support telemedicine program
- Plan to measure patient engagement & patient satisfaction with telemedicine services
- Consider additional funding options
  - Additional grants, value-based care model(s), Medicaid
  - Identify individual to serve as financial counselor



### Policy Workgroup Report

### National Maternal Health Policy



- Social determinants of health
- Community led programming
  - Women veterans
  - Perinatal workforce
- Data & quality measurement

Mental health & substance use

- Incarcerated women
  - Digital tools
- Innovative payment models



# Policy Workgroup - Background

### **Objective:**

• Identify and prioritize policy-related initiatives to support maternal health in Maryland

### Workgroup Goals:

- Review and summarize Maryland's Medicaid, workforce, and provider compensation policies to inform maternal health programs in MD including MDMOM
- Identify potential gaps where policy may lead to improvements in care

### **Feedback Utilization:**

• Used to identify and prioritize policy-oriented strategies to reinforce work of other Maryland Maternal Health Task Force workgroups



### **Policy Workgroup - Composition**

#### Laura Goodman

Division Chief, Maryland Department of Health - Office of Innovation, Research and Development, Health Care Financing

#### Kari Gorkos

Senior Director, Mental Health Association of Maryland -Public Education & Programs

#### **Barbie Johnson-Lewis**

President Elect, Maryland Board Chapter of the National Association of Social Workers

#### **Courtney McFadden (Co-lead)**

Acting Director, Maryland Department of Health - MCH Bureau

#### **Janice Miller**

Director, House of Ruth Maryland - Programs and Clinical Services

#### Laurence Polsky

Health Officer, Calvert County Health Department

#### **Amanda Rodriguez** Executive Director, TurnAround, Inc.

**Stephanie Slowly** Chief of Staff, Maryland Department of Health - Behavioral Health Administration

Nicole Warren (Co-lead) Associate Professor, Johns Hopkins University

#### Andrea Williams-Muhammad

Co-Executive Director/CoFounder, Nzuri Malkia Birth Collective

#### **Theresa Chapple-McGruder**

Project Officer, Health Resources and Services Administration Q1: Overall, workforce-related, provider compensation, or policy/legislative issues

Q2: What are the main Medicaid policy issues in Maryland

Q3. Are there state-level Medicaid policies, programs, or initiatives not currently in place in Maryland that should considered?

Q4. Other than Medicaid, other initiatives to be considered?

Q5. What are the practical implications of the current maternal-health related legislation in Maryland

## Feedback

<u>Consistent with other workgroups, policy emphasis should be on:</u>

- Extending duration of postpartum care
- Perinatal mood & anxiety disorders services and training
- Substance use disorders services and training
- Implicit bias training
- Doulas as both an intervention and member of workforce
- Neighborhood impacts on health asthma, lead
- Enhanced continuity of care
  - Provider to provider and provider to community-based service
  - Across life events and diagnoses: ex. pregnancy and diabetes
- Domestic violence\*

\*Added after meeting based on member feedback

# Feedback

### Policy-specific:

- Medicaid coverage: extend postpartum coverage period
- Medicaid coverage: doula services
- Mandating screening: Perinatal mood & anxiety disorders
- Accountability: Perinatal Risk Assessment completion AND follow up

### **Preliminary Recommendations:**

- Postpartum coverage
  - Consider if optimal via Medicaid and/or state exchanges
- Doula-related legislation
  - Enhance certification and training content and fiscal notes
  - Consider cost analysis from other states with Medicaid reimbursement



### Legislation to Watch

### HB286

Maternal Mortality Review Program -Stakeholders

### **SB502**

Telehealth - Delivery of Mental Health Services - Coverage for Home Settings

HB448/SB402

Health Care Practitioners - Telehealth

### HB837

Maternal Mortality and Morbidity - Implicit Bias Training and Study

### Legislation to Watch: Implications

HB286 Increases representation of affected women

Maternal Mortality Review Program - Stakeholders.

<u>SB502</u> Medicaid reimbursement for telehealth mental health

Telehealth - Delivery of Mental Health Services - Coverage for Home Settings

HB448/SB402 Provides regulatory framework

Health Care Practitioners - Telehealth

HB837 Mandates IB training & SMM study in MD

Maternal Mortality and Morbidity - Implicit Bias Training and Study

# **Summary Recommendations**

- Maintain focus on policies that address disparities
- Continue to engage community in identifying programmatic priorities
- Recognize limitations of legislation
- Focus on policies with short & long term impact
- Plan on & accept incremental legislative success
- Ensure ability to tailor policy implementation by setting
- Remain transparent in decision-making regarding programmatic and policy changes



### COVID-19 Ad-hoc Workgroup

Question: How to best assist you in your efforts to provide high quality care to pregnant and postpartum women in the midst of the COVID-19 pandemic?

# **Obstetric Provider Feedback**

- Provide up-to-date information regarding COVID-19 in pregnancy on MDMOM program website
- Organize thematic webinars for providers
- Coordinate live clinical discussion forums for Maryland providers to share challenges and solutions
- Develop short videos with obstetric providers to reassure & educate pregnant women
- Design a wall with photos and testimonials to celebrate new mothers & babies
- Other ideas





# Questions & Answers



### Ms. Courtney McFadden

Deputy Director Prevention and Health Promotion Administration

Maryland Department of Health Process to Develop 5-Year Maternal Health Strategic Plan

# Developing the 5-Year Strategic Plan

- This year (2020), the Maryland Maternal Health Task Force is to develop a 5-year Strategic Plan for improving maternal health
- Inputs for the plan
  - 2020 Maryland Title V Needs Assessment
  - workplans of on-going maternal health programs in the state
  - maternal health data (e.g. Maryland Maternal Mortality Review)
- Task Force member contributions
  - contributed perspectives to questions in 6 small workgroups
  - review & provide feedback on Task Force Meeting #1 Report
  - review & provide feedback on the Draft Strategic Plan



### **Timeline for Developing 5-Year Strategic Plan**

4/30: Workgroup feedback summarized at 2<sup>nd</sup> Task Force webinar

5/30: Task Force Meeting #1 Report shared with Task Force members

6/30: Last day for written feedback on Meeting Report, including prioritization of key recommendations for Strategic Plan

STRATEGIC PLAN TIMELINE 8/15: Draft 5-year Maternal Health Strategic Plan shared with Task Force Members

**8/30:** Last day for written feedback on Strategic Plan

**9/14:** Draft Strategic Plan presented at 2<sup>nd</sup> Task Force meeting

> 9/30: Final Strategic Plan shared with Task Force members

### THANK YOU

### Maryland Maternal Health Task Force

### Next meeting September 14, 2020