

Maryland Maternal Health Improvement Task Force Fall Quarterly Meeting

October 25, 2022
Hybrid



Housekeeping

If in-person

- Please sign in!
- Please keep side conversations to a minimum to allow us to hear everyone

If virtual

- Please keep yourself on mute unless speaking



Group Agreements

- **Be Present** – Make a conscious effort to know who is in the room, become an active listener. Refrain from multitasking and checking emails during meetings.
- **Call Each Other In As We Call Each Other Out** – When challenging ideas or perspectives give feedback respectfully. When being challenged - listen, acknowledge the issue, and respond respectfully.
- **Recognize the Difference of Intent vs Impact** – Be accountable for our words and actions
- **Create Space for Multiple Truths** – Seek understanding of differences in opinion and respect diverse perspectives.
- **Notice Power Dynamics** – Be aware of how you may unconsciously be using your power and privilege.
- **Center Learning and Growth** – At times, the work will be uncomfortable and challenging. Mistakes and misunderstanding will occur as we work towards a common solution. We are here to learn and grow from each other both individually and collectively.



Agenda

- Welcome and Introductions
- Task Force Business
 - Recap of 09/28 In-Person Meeting and Discussion
 - Vote on Revised Charter
- Update on Progress Towards Maternal Health Strategic Action Plan
- Presentation from Medicaid Partners on Maternal Health Initiatives
- Wrap up, next steps, and adjournment



Task Force Business

Update on Progress Towards Maternal Health Strategic Action Plan

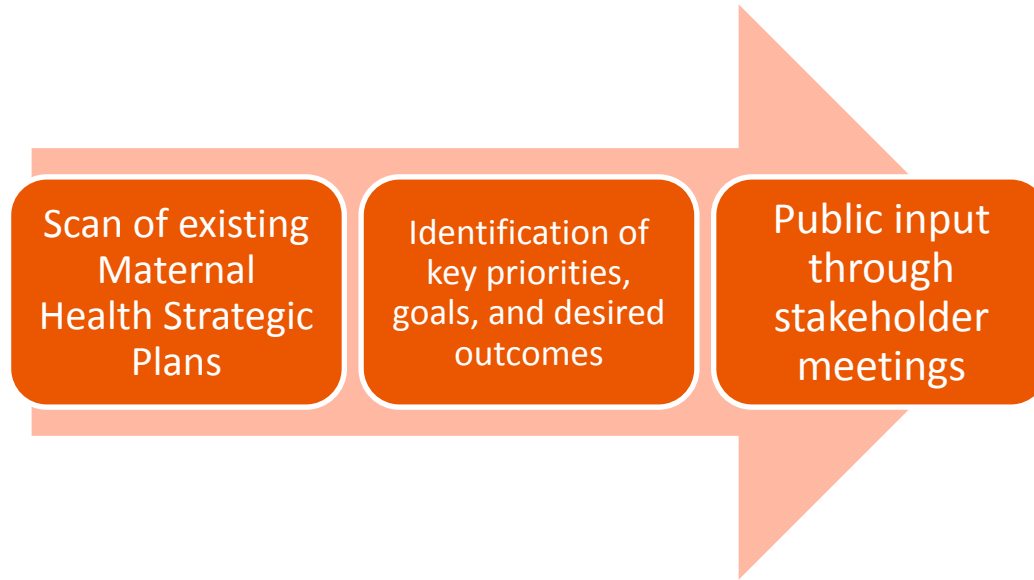


Overview of the Maryland Maternal Health Improvement Strategic Plan

- Developed with the Task Force in Summer/Fall 2021
- Released in late 2021
- Outlines priorities, goals, and activities to improve health of birthing people across five areas

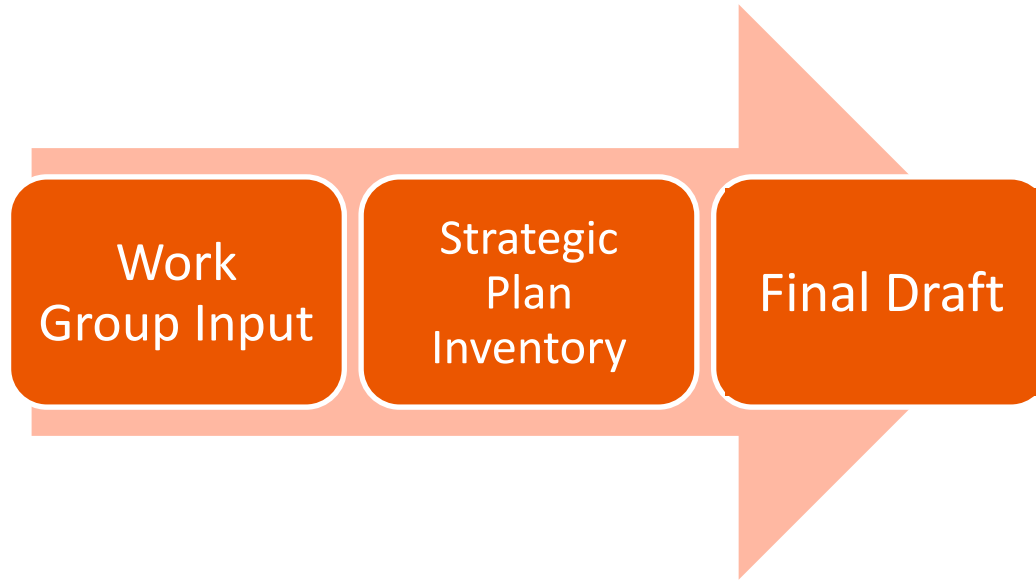


Strategic Plan: Development Process





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Strategic Plan: Priorities

1. Equity and
Anti-Racism

2. Achieve Health
through a Life
Course Model

3. Families and
Communities

4. Data

5. Work Force



Strategic Plan: Priorities and Goals

Strategic Priorities (SP)	Goals
1) Equity and Anti-Racism	1) Promote equity and anti-racism in maternal health policies and practices
2) Achieve Improved Health Using the Life Course Model	2) Promote maternal health (preconception, prenatal and birth, postpartum and interconception periods) through the implementation of effective programs and advocacy for necessary policy change. Subgoal 2a: Preconception health: Provide adequate support and resources to ensure birthing people can choose when to become pregnant and optimize their health in anticipation of the pregnancy. Subgoal 2b: Prenatal and birth period health: Achieve healthy pregnancies and birth outcomes. Subgoal 2c: Postpartum and interconception health: Achieve healthy futures with comprehensive postpartum and interconception care to support healing and optimal maternal mental health and healthy parent-child bonding during the postpartum period.
3) Families and Communities	3) Acknowledge the influence of the social determinants of health and historical racism in the development of strategies to improve resiliency and promote an optimal quality of life for birthing people, their families, and their communities.
4) Data	4) Improve access to and utilization of data and improve surveillance of data on structural racism and its impact, to make informed policy decisions.
5) Workforce	5) Develop a maternal health provider workforce that will be available, accessible, and culturally relevant and whose practice is rooted in principles of equity and racial justice.



Priority #1: Equity and Anti-Racism

Increase provider
knowledge of
community based
resources

Increase provider
knowledge of how
racism affects
maternal health
outcomes

Increase
opportunities for
people with lived
experience to serve
in advisory roles

Produce and
promote a MH
dashboard to show
stratified data



Priority #2: Achieve Health Through a Life Course Model - Preconception and Interconception

Increase access to high
quality family planning
and reproductive health
services

Improve prevention,
diagnosis, and
treatment of
cardiovascular disease
and hypertension

Improve prevention,
diagnosis, and
treatment of diabetes

Improve prevention,
diagnosis, and
treatment of behavioral
health conditions



Priority #2: Achieve Health Through a Life Course Model - Prenatal and At Birth

Expand use of MPRA to address risks

Expand the number of prenatal care practices offering group based prenatal care

Close gaps in access to maternal-fetal medicine expertise

Increase number of birthing hospitals complying with MD Hospital Breastfeeding Policy Recommendations

Expand adoption of AIMS safety bundle for severe hypertension

Develop a data system to track high risk birthing people through PIMR

Increase enrollment in evidence based home visiting programs



Priority #2: Achieve Health Through a Life Course Model - Postpartum and Interconception

Increase number of
birthing people
receiving postpartum
care through 12
months

Improve the role of the
PIMR in addressing
risks

Improve care
coordination through
CRISP

Standardize maternal
warning signs
education



Priority #3: Families and Communities

Improve family and
community driven
service provision

Improve environments
to support healthy
living

Support the increase in
community gardens,
green space, and tree
canopies

Strengthen
father/partner
co-parenting
involvement

Support the use of
evidence based
strategies to address
violence within families
and communities



Priority #4: Data

Analyze and understand the causes of SMM using surveillance data and facility based reviews

Enhance surveillance and quality initiatives through a focus on SDOH, family and community factors, and perspectives of those with lived experience



Priority #5: Workforce Development

Build the capacity of
maternal health providers
through learning
opportunities

Evaluate the impact of
Medicaid coverage on the
number of trained and
certified doulas

Increase number of
providers who screen for
substance use and/or
behavioral health with
patients of reproductive
age



Inventory of Services for Birthing People in Maryland

This project aims to support the work of the Maternal Health Improvement Task Force to better understand the organizations, programs, and services that support the health and well-being of birthing people in Maryland.



Project Goals - DRAFT

- **Goal 1:** Understand the landscape of maternal health service providers in Maryland
- **Goal 2:** Understand maternal health cross-funding across state entities
- **Goal 3:** Understand maternal health cross-collaborations across state entities



Guiding questions for the project - DRAFT

1. Who are the organizations providing maternal health services to birthing people in Maryland?
2. Which individuals/groups do these organizations serve?
3. What does health equity related to maternal health look like in Maryland?

Updating Progress on the Strategic Plan -2023





Strategic Plan Action Plan Update - Next Steps

- MDH will coordinate the update with small group from the Task Force
- Produce a public “report” highlighting the progress made through end of CY 2022.
- Aim to have an update by Spring 2023



Small Group Goals

- Meet monthly - December, January 2023, and February
- Help identify performance measures with Task Force, and information sources
- Provide context, review drafts, and advise on overall update



Questions for the Task Force

- Who should provide updates on these program/activities?
- What should we use as performance measures?
- Who would like to be a part of the small group?
- What else has happened across the State that wasn't originally captured in the SP?



If interested, contact Nina Martin (nina.martin@maryland.gov)

Guest Presentation: Update from Medicaid Partners on Maternal Health Initiatives



Next Steps



2023 quarterly meetings:

- **January 24, 2023, 2:30-4:00pm**
- **April 25, 2023, 2:30-4:00pm**
- **July 25, 2023, 2:30-4:00pm**
- **October 24, 2023, 2:30-4:00pm**