

Urgent Maternal Warning Signs Training for Home Visitors



Course Description

This training is designed to provide home visitors, doulas, and community health workers with the knowledge and tools to educate families on the warning signs of maternal complications during pregnancy and the year after delivery. It uses the warning signs education materials developed by the Alliance on Innovation in Maternal Health, a consortium of professional organizations representing maternity care physicians, midwives, and nurses, and used with AIM's permission in EMPOWER trainings and materials.

This online training includes four modules, each approximately 15-20 minutes in length, on the following topics:

- Module 1: Trends in maternal health
- Module 2: The fifteen maternal warning signs
- Module 3: Effective health communication with the EMPOWER tools
- Module 4: Supporting client self-advocacy

Course Learning Objectives

Upon successfully completing this course, students will be able to:

- Describe maternal health trends and disparities in the United States.
- Identify the leading causes of maternal morbidity and mortality in the United States.
- Explain the role home visitors and community clinics can play in addressing preventable maternal mortality.
- Identify the 15 warning signs for maternal complications.
- Locate and discuss information about the symptoms that clients might experience with each sign.
- Discuss the specific maternal complications that each sign may indicate.
- Define health literacy and identify communication strategies for all levels of health literacy.
- Be familiar with the EMPOWER tools for warning signs education.
- Explain how the EMPOWER tools incorporate health education best practices.
- Define patient self advocacy and describe behaviors of patients with strong self advocacy.
- Be familiar with the benefits of self advocacy.
- Identify ways to support clients in advocating for healthcare that addresses their needs.

Intended Audience

The training is recommended for all staff who will provide education to clients on maternal warning signs, as well as their supervisors. The training is prepared for non-clinical staff as well as clinical providers.

Accessing the Course

The self-paced course can be accessed at on the Johns Hopkins University learning site*:

<https://courseplus.jhu.edu/core/index.cfm/go/course.home/coid/18543/>

*You will need to create a user account.

Alternatively, downloadable training videos can be accessed at:

<https://drive.google.com/drive/u/1/folders/1QjdO78ySBRyJ7TtEVXwS2I8Z7GXxwISH>